



ONGAR ACADEMY– WEEKLY MENU 2026-2027

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL - Meat	# SOUTHERN FRIED OR BATTERED CHICKEN FILLET BURGER OR WRAP £1.80 # CHIPS £1	# CHICKEN FAJITAS £1.80 # CURRY AND RICE £1.50	# BURGER £1.50 # CHEESE BURGER £1.50 # SAUSAGE AND MASH £1.50	# PANINIS £2	# PIZZA £1.40 # GARLIC BREAD £1
MAIN MEAL – Veggie	# VEGETABLE QUASADILLA £1.20	# VEGETARIAN FAJITAS £1.50	# QUORN SAUSAGE & MASH £1.50	# ROAST POTATO POTS £1 # YORKSHIRE PUDDING POTS £1	# PIZZA £1.40 # GARLIC BREAD £1
VEGGIE OPTIONS	# PASTA POT WITH A VEGETARIAN SAUCE £1 # JACKET POTATO CHEESE 80P AND/OR BEANS 30P V	# PASTA POT WITH A VEGETARIAN SAUCE £1 # JACKET POTATO CHEESE 80P AND/OR BEANS 30P V	# PASTA POT WITH A VEGETARIAN SAUCE £1 # JACKET POTATO CHEESE 80P AND/OR BEANS 30P V	# PASTA POT WITH A VEGETARIAN SAUCE £1 # JACKET POTATO CHEESE 80P AND/OR BEANS 30P V	# PASTA POT WITH A VEGETARIAN SAUCE £1 # JACKET POTATO CHEESE 80P AND/OR BEANS 30P V
ONGAR DAILY SELECTIONS	# SANDWICHES & WRAPS £1.10-£1.80 # PASTRIES 70P # SALAD BAR FROM 70P	# SANDWICHES & WRAPS £1.10-£1.80 # PASTRIES 70P # SALAD BAR FROM 70P	# SANDWICHES & WRAPS £1.10-£1.80 # PASTRIES 70P # SALAD BAR FROM 70P	# SANDWICHES & WRAPS £1.10-£1.80 # PASTRIES 70P # SALAD BAR FROM 70P	# SANDWICHES & WRAPS £1.10-£1.80 # PASTRIES 70P # SALAD BAR FROM 70P
DRINKS	# APPLE JUICE 70P # ORANGE JUICE 70P BOTTLED WATER £1 # FLAVOURED WATER £1.10	# APPLE JUICE 70P # ORANGE JUICE 70P BOTTLED WATER £1 # FLAVOURED WATER £1.10	# APPLE JUICE 70P # ORANGE JUICE 70P BOTTLED WATER £1 # FLAVOURED WATER £1.10	# APPLE JUICE 70P # ORANGE JUICE 70P BOTTLED WATER £1 # FLAVOURED WATER £1.10	# APPLE JUICE 70P # ORANGE JUICE 70P BOTTLED WATER £1 # FLAVOURED WATER £1.10
GRAB AND GO FOOD	# JELLY 50P # FRUIT FROM 50P # CHEESE AND CRACKERS £1	# JELLY 50P # FRUIT FROM 50P # CHEESE AND CRACKERS £1	# JELLY 50P # FRUIT FROM 50P # CHEESE AND CRACKERS £1	# JELLY 50P # FRUIT FROM 50P # CHEESE AND CRACKERS £1	# JELLY 50P # FRUIT FROM 50P # CHEESE AND CRACKERS £1
CAKES/BISCUITS COUNTER FOR SELECTION	# COOKIES 70P # HOMEMADE CAKES 70P	# COOKIES 70P # HOMEMADE CAKES 70P	# COOKIES 70P # HOMEMADE CAKES 70P	# COOKIES 70P # HOMEMADE CAKES 70P	# COOKIES 70P # HOMEMADE CAKES 70P

DAILY SELECTION # DENOTES THAT THIS ITEM CONTAINS SOME OR ALL OF THE 14 MAJOR ALLERGENS. PLEASE ASK CATERING STAFF WHO WILL BE HAPPY TO GUIDE YOUR CHOICE. ALL OFFERS ARE SUBJECT TO AVAILABILITY AND DAILY PURCHASING CONTROLS. ALL MENU DATA IS CORRECT AT PRINTING.